



TravelsmithNepal Pvt. Ltd.
CRAFT YOUR HOLIDAYS

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LUXURY NEPAL TOUR

(06 NIGHTS/07 DAYS)



**HIGHLIGHTS: KATHMANDU CITY • POKHARA TOWN • DHULIKHEL TOWN
• LUXURY HIGH END HOTELS**

NAMASTE AND WELCOME TO NEPAL!

Nepal is a small landlocked country with a diversity of natural and cultural wealth you will find in few places on earth. The land rises abruptly from the sweltering Terai plains in the south at 60 meters above sea level to the freezing heights of the Himalayan in the north well above 8000 meters culminating in the highest point on earth, Mt. Everest at 8848 meters - with lush sub-tropical forests, green hills and valleys in between - within a distance of a mere 200 km.

Culture is embedded in the high peaks of Nepal, tradition flows with its rivers, art traverses through its valleys and religion lies in the heart of its people. Nepal, in short, is a country where art, culture and religion are a part of life of the inhabitants.



DAY 01: ARRIVAL - KATHMANDU (-/-/-)

Welcome to Kathmandu

For many, stepping off a plane into Kathmandu is a pupil-dilating experience, a riot of sights, sounds and smells that can quickly lead to sensory overload. Whether you're barrelling through the traffic-jammed alleyways of the old town in a rickshaw, marvelling at the medieval temples or dodging trekking touts in the backpacker district of Thamel, Kathmandu can be an intoxicating, amazing and exhausting place.

Upon arrival in Kathmandu, transfer to Dwarika's Hotel. Rest of the day is free



Overnight at the Dwarika's Hotel, deluxe heritage room in Kathmandu

DAY 02: KATHMANDU (BREAKFAST/-/-)

Morning, Yoga session (approx. 2 hrs). A practical session generally covers Asanas (Body Postures), Pranayamas (Scientific Techniques of Conscious Breathing), Mudras (Psychic Gestures), Bandhas (psychic locks), some Shatkarmas (yogic cleansing), Yoga Nidra/Relaxation (psychic sleep), Dharana (Concentration) followed by Guided Meditation.

Later, sightseeing tour of **Kathmandu Durbar Square**

It is a place where the city's Kings were crowned. Having been built and rebuilt over the generations, it is now the valley's number one tourist attractions. Most of the temples you see here are a mere three or four centuries old. The entire square was designated as a World Heritage Monument in 1979. The Durbar Square is teeming with shrines and statues. Walk around Kumari Chowk which is a home of "living goddesses", she comes to the balcony at the scheduled time to welcome the guests.





Continue on to **Swyambhunath Stupa**

On the top of the hill west of Kathmandu value is one of the popular and instantly recognizable symbols of Nepal. It is also referred to as “Monkey Temple” by many tourists because of the large tribes of monkeys that guard the hill. Legends say after the Bodhisattva Manjushri drained the water from the lake revealing the Kathmandu valley, the lotus on the island of the lake was transformed into the hillock, and the blazing light from the lotus became the statue.



Afternoon, sightseeing tour of **Patan Durbar Square**

Patan also known as Lalitpur is the second largest city inside the valley. Patan has a long Buddhist influence and the four corners of the city are marked by Stupas said to have been created by great Buddhist emperor around 250 BC. The Durbar Square is closely packed with temples, and with far more concentration of architecture than anywhere around the valley.



Overnight at the Dwarika’s Hotel, deluxe heritage room in Kathmandu

DAY 03: KATHMANDU - POKHARA (BREAKFAST/LUNCH/DINNER)

After breakfast, transfer to the domestic airport and fly to **Pokhara town (25 min)**.

It is also referred as city of lakes and mountains. It is also the gateway to one of the best trekking location in the world. Approx. 200 kms from Kathmandu Pokhara enjoys a mild climate, clean air, reflection of snow capped mountains on the sheltered lake. Its relaxed atmosphere is pleasantly removed from the hectic hustle and bustle of Kathmandu. Lakeside Pokhara is a traveler’s oasis. The tourist area of lakeside, stretched out along the southeast shore of the valley’s largest lake.





Upon arrival in Pokhara, transfer to Luxury Tiger Mountain Lodge. Upon arrival in the resort select the activities that you wish to experience (Please note all the activities in Pokhara should be booked and paid in Tiger Mountain Lodge in Pokhara).



Dinner and overnight at the Tiger Mountain Lodge, deluxe room in Pokhara

DAY 04: POKHARA (BREAKFAST/LUNCH/DINNER)

Indulge in the various activities that you have booked and paid at the Tiger Mountain Pokhara Lodge.

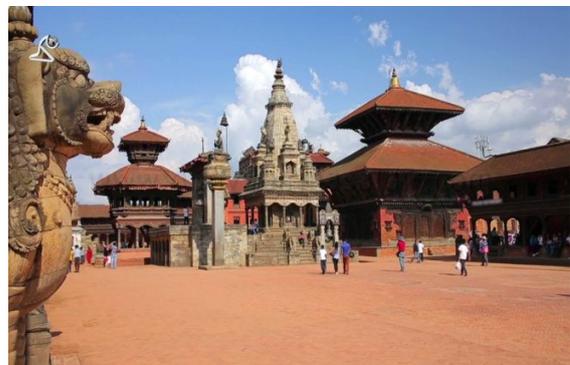
Dinner and overnight at the Tiger Mountain Lodge, deluxe room in Pokhara

DAY 05: POKHARA – KATHMANDU - DHULIKHEL (BREAKFAST/-/DINNER)

After breakfast, transfer to the airport and fly back to Kathmandu (25 min).

Upon arrival in Kathmandu, continue on to sightseeing tour of **Bhaktapur Durbar Square**

Bhaktapur also known as ‘Bhadgaon’ is the third largest town in the valley. The stone embedded street links a string of temples, monastery, courtyards and monumental squares. You will quickly notice how vibrant the town’s cultural life is with strong communities of potters, woodcarvers and weavers. Explore the square, fames palace of 55 windows stretches off the east. Visit Nyatapola temple, this five-roofed standing 30 meters is the tallest temple in Nepal. The brick paved Windings Street, interesting side lanes and courtyards branching off it revels the heart of Bhaktapur.



Visit **Panauti Village** en route

Panauti sits at the sacred confluence of the Roshi River and Pungamati River. A third ‘invisible river’ called the Padmabati is said to join the other two rivers at Panauti, making this a particularly sacred spot. Panauti is also famous for the art gallery of beautiful and fine idols, woodcarving in the temple struts, doors and windows of the temples and monasteries.





Continue on to **Dhulikhel town** and transfer to the luxury Dwarika's Dhulikhel Resort.

Dhulikhel boasts fantastic views of the Himalayas. The spectacular snow capped mountains seen from Dhulikhel must be one of the most spectacular views anywhere in the world. The vapor clouds that cover the lower portion of the mountains give the illusion of the mountain peaks floating in the air, like fairy tale castles in the sky.



Wondering down the traffic free streets in the old town admiring the traditional Newari houses with beautiful examples of Newari craftsmanship carved into the doors and windows, you get a sense of being in a different world and time! Dhulikhel is also a good base for numerous excursions; the most popular of which, being an all-day hike to the sacred Buddhist pilgrimage site of **Namo Buddha**

Evening, possibility of sunset view from the hotel premises

Dinner and overnight at the Dwarika's Dhulikhel Resort, suite room in Dhulikhel

DAY 06: DHULIKHEL (BREAKFAST /- /DINNER)

Walking/ hiking tours around **Dhulikhel village**

Dinner and overnight at the Dwarika's Dhulikhel Resort, suite room in Dhulikhel

DAY 07: DHULIKHEL – KATHMANDU – DEPARTURE (BREAKFAST /- /-)

After breakfast, transfer to the airport in time to connect your onward flight

<<END OF PROGRAM>>

PRICE: ON REQUEST



Inclusions:-

- √ 2 nights twin share accommodation at Dwarika's Hotel, deluxe heritage room in Kathmandu with breakfast
- √ 2 nights twin share accommodation at Tiger Mountain Pokhara Lodge, deluxe rooms in Pokhara with all meals
- √ 2 nights twin share accommodation at Dwarika's Resort, suite room in Dhulikhel with breakfast and dinner
- √ All necessary airport transfers in Kathmandu and Pokhara on private basis
- √ Kathmandu/ Pokhara/ Kathmandu airfare (including applicable airport taxes)
- √ Sightseeing tours in Kathmandu as per the program on private basis with service of a local experienced English speaking guide
- √ All applicable entrance fees
- √ Kathmandu/Dhulikhel/Kathmandu private surface transfer with our chauffer and local experienced English speaking guide
- √ 2 bottled water per person per day
- √ All applicable government taxes

Exclusion:-

- × Lunch/dinner (except mentioned in the program)
- × International airfare
- × Any activities in Pokhara (Activities in Pokhara must be booked and paid at Tiger Mountain Pokhara lodge)
- × Tips/ gratuities to tour officer, guide and driver
- × Any expenses of personal nature